

# SOUTHERN SEA VENTURES KAYAK EXPERIENCE FORM

To ensure you have a safe and enjoyable paddling holiday, your kayaking standard should be appropriate for the trip you select.

**Easy to Moderate rated trips:** To prepare for your trip, we recommend some prior paddling experience in a kayak with a spray skirt. This trip should not be your first sea kayaking experience. Please note, that Sit On Top kayak experience is not a substitute. With many of our tropical trips, fit beginner paddlers with an adventurous attitude are welcome. If possible, you should practice assisted rescues before your trip departure as well as paddling in a variety of conditions. Please recognise that the weather will greatly influence the degree of difficulty of the trip. We will mostly use doubles on these trips but some singles may be available, at the discretion of the guide.

**Moderate and Moderate Plus rated trips:** Your sea kayaking standard for these trips should be of an intermediate level, combined with an adventurous attitude. There is no need to be an expert kayaker, however, you should practice assisted rescues before departure and have had recent paddling practice in a variety of conditions. Please recognise that the weather will greatly influence the degree of difficulty of the trip. We will mostly use single kayaks on these trips but there will likely be one or two doubles available.

Even if your experience is limited, we encourage you to contact us to discuss your suitability. There is often ample time to gain the required experience before you depart. We may be able to recommend a reputable sea kayak operator in your area for tuition.

**\*Please complete this experience form accurately and return it to us as soon as possible. This is required to confirm your place.**

NAME \_\_\_\_\_ AGE \_\_\_\_\_

TRIP NAME \_\_\_\_\_ DEPARTURE DATE \_\_\_\_\_

## Sea Kayaking Experience:

1. Have you paddled sea kayaks?  YES  NO    Whitewater kayaks?  YES  NO    Surf ski?  YES  NO
2. Have you paddled in single kayaks?  YES  NO    Double kayaks?  YES  NO
3. Do you have your own sea kayak?  YES  NO
4. Would you call yourself a:  BEGINNER                       INTERMEDIATE                       EXPERT
5. Have you done any sea kayak courses?  YES  NO    *If yes, please list them, outlining when and where.*

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6. Have you paddled in open ocean waters (i.e. outside harbours and estuaries)  YES  NO
- If yes, please list them, outlining when and where.*

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7. Have you paddled in windy conditions i.e. 10–15 knot winds or more?  YES  NO
8. How many times (approximately) have you paddled in the last two years?
- 0 times                       1–5 times                       6–20 times                       20 times

9. Please let us know your height and weight so we may ensure the kayaks are appropriate.

HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

10. Kayak Preference: Do you wish to paddle a single or a double?

Single                       Double

**Disclaimer:** Single kayak use will be at the guide's discretion, depending on group numbers, weather conditions and individual experience.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

## SOUTHERN SEA VENTURES

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